

Lindsey Fernandez De Soto, DNAP, CRNA, APRN
1178 Silas Deane Hwy Apt 405
Wethersfield, CT 06109
Lindsey_950@hotmail.com
(760) 693-8421

March 26, 2024


Dear esteemed members and leaders of the CTANA,

My name is Lindsey Fernandez De Soto. I am writing to express my sincere interest in serving on the Connecticut Association of Nurse Anesthesiology's Board of Directors for the 2024-2027 term.

I completed my Doctor of Nurse Anesthesia Practice from Central Connecticut State University in May 2022. However, I quickly realized that the culmination of my formal education in nurse anesthesia was only the beginning. Our profession continues to face challenges concerning reimbursement inequality, practice restrictions, lack of recognition, and misrepresentation of CRNAs in the public media in Connecticut and nationwide. After watching the Scope of Practice Review unfold in Connecticut, I was inspired and galvanized to pursue a more active stance regarding advocacy.

There is undoubtedly more work to do, and I desire to be a part of the solution as we unite to promote and protect the profession of nurse anesthesiology here at home. During this three-year term, I aim to focus on member engagement, bolster advocacy efforts, and magnify the voices of our CTANA members at the legislative level. For all of these reasons, it would be a privilege to become a part of the CTANA board of directors.

I appreciate your consideration. Please reach out should you have any questions regarding my candidacy.

A handwritten signature in black ink, appearing to read 'L. De Soto', with a long horizontal flourish extending to the right.

Lindsey Fernandez De Soto, DNAP, CRNA, APRN

Bio Sketch



My name is Lindsey Fernandez De Soto, and I was born and raised in southern California. In 2014, I graduated from San Diego State University with a Bachelor of Science in Nursing and worked in the Emergency Department for three years at Pioneers Memorial Hospital. After relocating to Connecticut with my husband, I transitioned to the Medical Intensive Care Unit at Yale New Haven Hospital for two years prior to entering the Nurse Anesthesia Program of Hartford. Since graduating in 2022, I have had the privilege of working as a CRNA at William H. Backus Hospital in Norwich and Hospital of Central Connecticut in New Britain. I enjoy traveling with family and friends, gardening, reading on my Kindle, and playing Christmas and classical tunes on the piano.